

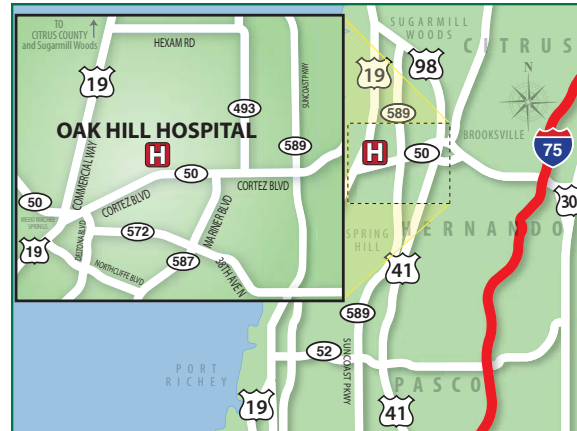


# Orthopaedic & Spine<sup>SM</sup> Institute

Oak Hill Hospital

## Orthopaedic Services

Be sure to ask your physician about the Oak Hill Hospital Joint Camp Program offered prior to your surgery.



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888-219-4129 ext. 4140

For more information on  
Orthopaedic & Spine Services  
please visit us at  
[www.OakHillHospital.com](http://www.OakHillHospital.com)

Designated as a  
**Blue  
Distinction<sup>®</sup>**  
Center for Spine Surgery

**BlueCross BlueShield  
of Florida**  
An Independent Licensee of the  
Blue Cross and Blue Shield Association



TOGETHER, PERFORMING AT A HIGHER STANDARD<sup>SM</sup>

OHH00985

### Our Facilities

The Orthopaedic & Spine Institute is located on the fourth floor of Oak Hill Hospital. Specially designed rooms provide:

- Furniture for patient and family comfort
- In-room televisions with cable
- Wireless internet access for personal computer use

### Preoperative Joint Camp Program

The Orthopaedic & Spine Institute at Oak Hill Hospital is committed to patient education. We offer a weekly education class designed specifically for patients requiring orthopaedic surgery that includes:

- Preoperative tour of the Orthopaedic & Spine Institute at Oak Hill Hospital; bring your loved ones along
- Chance to meet the courteous staff that will be caring for you during your stay including the physical therapist and discharge planner
- Opportunity to learn important information about your upcoming procedure and your postoperative recovery path
- Private room at no extra charge (when available)
- In-room sleeper sofa for family members to stay overnight
- Specialty meal selections for education program participants



# Orthopaedic & Spine<sup>SM</sup> Institute

Oak Hill Hospital

## Orthopaedic & Spine Institute Services

The Orthopaedic & Spine Institute at Oak Hill Hospital provides full-service orthopaedic care, from digital x-rays to rehabilitation, and everything in between. Our experienced and professional orthopaedic surgeons, working with our radiologists, physical therapists, and orthopaedic certified nurses (ONC), ensure that you receive optimal care in a comfortable setting.

Whether you need a total joint replacement, suffer from arthritis, or present with a sports related injury, we want to help relieve your pain and restore your body to a higher level of performance.

## Digital Diagnostics

Oak Hill Hospital's Orthopaedic & Spine Institute utilizes the latest in digital diagnostic testing to assist in the diagnosis of abnormalities in joints, bones, muscles, and soft tissue:

- X-rays
- CT Scans
- MRI's

## Orthopaedic Conditions Treated

We provide treatment options for a variety of conditions, including:

- All bone fractures
- Carpal Tunnel Syndrome
- Osteoarthritis
- Rheumatoid arthritis
- Sacroiliac joint pain
- Sports injuries



## Treatment Options

The following procedures are a sample of the options we provide as treatment for various conditions:

- **Arthroscopy**

Examination of the interior of a joint with a specially designed endoscope through a small incision

- **Carpal Tunnel Release**

Surgical procedure for relieving pain felt in the hand or wrist caused by Carpal Tunnel Syndrome

- **Knee Replacement**

Substitution of the compromised knee joint with a complete artificial hinged prosthesis

- **Meniscectomy**

Procedure to treat a tear of the meniscus

- **Minimally Invasive Orthopaedics**

Includes procedures utilizing leading-edge technology, such as the hana® Hip and Knee Arthroplasty Table

- **Partial Joint Replacement**

Substitution of only one portion of the compromised joint with an artificial component

- **Total Hip Replacement**

Substitution of the compromised hip joint with a complete artificial ball and socket joint

## Rehabilitation

After you have been treated for your condition, we want to ensure that you heal properly and regain strength. Our rehabilitation team will work with you in a private setting, at your own pace and comfort level, so that you can return to your daily lifestyle. Through stretches and training, our certified physical therapy team is here to help you get back to the things you love.

## New Procedure for Faster Recovery After Hip Replacement

Direct anterior hip replacement - a novel technique that uses a minimally invasive approach - allows the surgeon to replace the hip joint without detaching any muscles or tendons from the pelvis or femur.

This difficult procedure is made easier by using the hana® Hip and Knee Arthroplasty Table, available at Oak Hill Hospital, providing state-of-the-art medical care.

The hana® table allows proper positioning of the hip to perform the surgery regardless of the patient's size, height, or weight. This is the only true minimally invasive hip replacement procedure.

### Benefits compared to traditional techniques:

- **Earlier return to daily activities**
- **Earlier return to sports**
- **Faster rehabilitation**
- **Lower risk of dislocation**
- **More accurate leg length**
- **Shorter hospital stay**
- **Smaller incision creating reduced pain**